

ABOUT PFNCA

The mission of Parkinson Foundation of the National Capital Area is to improve the quality of life for people living with Parkinson's disease, their carepartners and families in the National Capital Area through programs of education and support such as: choir, dance, exercise, communications, pilates, yoga, support groups, community lectures, the Betty Fuller Patient Assistance Fund.

PFNCA Staff **Board of Directors**

Lou Nistler	Daniel Lewis
Banu Luu	Bert King
Leon Paparella	Susan Hamburger
Corinne Carpenter	Linda Sigmund, MD
Janet Sobie	Randolph Church
Julie Zimmet Smith	Gerald Feffer
	Katherine Ferguson Roberts
	Donna Schena
	Dean Umemoto

PFNCA Medical Advisory Board

- Dr. Stephen Grill, Parkinson's and Movement Disorder Centers of Maryland
- Dr. Christopher Kalhorn, Georgetown University Hospital
- Dr. Zachary T. Levine, Washington Brain and Spine Institute
- Dr. Fernando Pagan, Georgetown University Hospital
- Dr. Stephen Reich, University of Maryland
- Dr. Joseph Savitt, Johns Hopkins Hospital
- Dr. Lisa Shulman, University of Maryland
- Dr. Linda Sigmund, The Neurology Center of Fairfax
- Dr. Randy Stephenson, The Neurology Center of Fairfax
- Dr. Howard Weiss, LifeBridge Health Brain and Spine Institute

Parkinson's Disease Symposium
Parkinson Foundation of the National
Capital Area
7700 Leesburg Pike, Suite 208
Falls Church VA 22043

PARKINSON'S DISEASE SYMPOSIUM 2012

KEEP ON MOVING TOWARD BETTER CARE!

MARCH 17, 2012

Bethesda North Marriott
Hotel & Conference Center
5701 Marinelli Road
Bethesda, MD 20852

Hosted by:
**Parkinson Foundation of the National
Capital Area**
A National Parkinson Foundation
Outreach Center



MARCH 17, 2012

- 8:00 Vendor Visits and Social time
9:00 Welcome
Lou Nistler
- 9:10 Introduction of Board and Medical Advisory Board Chair
Dan Lewis
- 9:15 Introduction of Medical Advisory Board and the work of the MAB
Dr. Stephen Grill
- 9:25 Recent Changes in Treatment and Medication
Dr. Stephen Grill
- 9:55 Complications and Associated Illness with PD
Dr. Linda Sigmund
- 10:25 Break and Visit the Vendors
"Break Master Bert"
- 10:45 TBD
Dr. Randy Stephenson
- 11:15 Exercise and Movement is the option
Dr. Lisa Shulman
- 11:45 Lunch
- 12:30 Surgery as an Option
Dr. Zachary Levine
- 1:00 Breakout Sessions:
- Breakout A Importance of Support Groups as an ongoing therapy. Carter Rardon - Bowie Support Group, Gary Heinberg - Loudoun County Support Group, Angela and Karl Robb - Fairfax Support Group
- Breakout B Importance of Physical Therapy in quality of life
Anne Marie Barry
- Breakout C Research Updates
Dr. Howard Weiss and Dr. Zoltan Mari
- 1:30 Breakout A DBS-From the Viewpoint of the Surgeons
Dr. Zachary Levine and Dr. Christopher Kalhorn
- Breakout B Speech Therapy as a key to your wellness
Matt McKeon MS CCC-SLP

Breakout C Exercise Options across the Metro
Lucy McCauley, Jon Berns, Lisa Girdy, David Blum

- 2:00 Break and Visit the Vendor
"Break Master Bert"
- 2:15 Doctors in the House - Ask the Doctors Forum
Grill, Kalhorn, Levine, Shulman, Weiss, Mari, Sigmund, Pagan, Stephenson
- 3:30 Closing Remarks and Door Prizes

LOCATION INFORMATION

Bethesda North Marriott Hotel and Conference Center
5701 Marinelli Road
Bethesda, MD 20852
301-822-9200

www.marriott.com/wasbn

DIRECTIONS

From Baltimore and Points North:

Take I-95 S toward Washington. Take exit 27 toward Silver Spring, taking the right ramp onto I-495 N. Take exit 34 onto Rockville Pike. Turn left on Marinelli Rd.

From Fredericksburg and Points South:

Take I-95 N. At exit 170B, take left ramp to I-495 N. Enter Maryland; keep left onto I-270 Spur. At exit 1, turn right onto ramp. Take ramp right onto Democracy Blvd. Turn left onto Old Georgetown Rd. Turn right on Executive Blvd. Turn left on Marinelli Rd.

REGISTRATION

\$30 per person

- includes coffee and lunch

Please list the names of those attending:

Name: _____

Name: _____

Name: _____

Total registrants: _____ Amount paid: _____

Attendee name(s) that would like vegetarian lunch:

Please complete this form and return it with a check payable to the Parkinson Foundation, or charge it to your credit card:

Name on the card: _____

Credit card number: _____

Expiration date: _____

Signature: _____

Address card is registered to:

PFNCA should send registration confirmation to:

Name: _____

Address: _____

City, State, Zip: _____

Phone: _____

Confirmation will be sent by mail for registrations received by Monday, March 5, 2012. If you are sending your registration in after this date, please contact PFNCA at 703-734-1017 to make sure seats are available prior to sending in registration.

Mail to:

Attn: PFNCA, 7700 Leesburg Pike, Suite 208, Falls Church, VA 22043